



St Margaret's
Hospice Care

Spiritual care



What is Spiritual Care?

St Margaret's holistic care includes care for the whole person - body, mind and spirit. Spiritual Care honours the human spirit and cares for each individual as a spiritual person. Some people find their source of meaning in a religious faith while many others derive their spiritual nourishment from the natural world, the arts, family ties and more.

But for all of us, facing or being alongside a life-limiting illness can be daunting, raise questions and arouse emotions.

The Spiritual Care Team

Our Spiritual Care team is available for patients, family, friends and carers, offering human and spiritual support and love. The team works closely alongside doctors, nurses and therapists, and Spiritual Care is integral to the support we offer.

A member of the team is readily available as someone to talk to, in both the Taunton and Yeovil hospices and in homes in the community.

Our Sanctuaries

The Sanctuaries in both hospices are neutral spiritual spaces open to all, offering a place to draw apart and be still.

"It is important that everyone has time and space to 'find sanctuary', that is to nourish our emotional and spiritual selves in order that we may be strengthened and equipped to face the challenges of living with a life-limiting illness, whether directly or indirectly." **Ann Fulton, Spiritual Care Coordinator.**

With this in mind, St Margaret's has invested in a room in each hospice, developed in consultation with patients, staff and volunteers. Both rooms have small multi-faith symbols discreetly available to those who wish to use them for prayer and worship.



Spiritual Care for People of Faith/ Followers of Spiritual Pathways

We endeavour to support members of all religious faiths and followers of spiritual pathways, either through the ministry of the Spiritual Care team, or through liaising with leaders and members of other faith/spiritual communities. With the agreement of individual patients or families, faith leaders are welcome in the hospice to minister to patients known to them.

Christian services are on offer during the week and prayer, Holy Communion and other Sacraments are readily available. Special services can be arranged, including Marriage, the Blessing of a Marriage, Baptism and Confirmation. The Spiritual Care Coordinator can be available to conduct funerals.

Spiritual Care for Staff and Volunteers

The Spiritual Care Team is available to support all members of staff and volunteers. Please contact the Spiritual Care Coordinator in the first instance.

Remembrance Afternoons and Light up a Life services

Remembrance Afternoons, offering the opportunity to remember a loved one, are held regularly on Sundays throughout the year in Taunton and Yeovil.

Light up a Life services are held in churches across Somerset in early December.

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St Margaret's Hospice Care is committed to taking your privacy seriously and protecting your personal information. If you want to know more about how we use your data go on the 'privacy statement' on our website or ask for a 'Use of your personal information' leaflet.

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